

	IHN	Reality Ministries
First-Timer	<ul style="list-style-type: none"> • Make a meal (food for up to 3 families plus 2-4 volunteers). • Buy groceries for a meal. • Give a ride to a family. • Come to a Blacknall prayer meeting for IHN. 	<ul style="list-style-type: none"> • Visit <i>Tuesday Night Live</i> (just watching, no obligation!) • Observe one afternoon at the Reality Center (3:30-6pm). • Make dinner for <i>TNL</i> (anything besides pizza for 50-60 people)
Second-timer	<ul style="list-style-type: none"> • Have dinner with the families (you will be paired with a more experienced volunteer). • Come to a fun Saturday event with the IHN families. 	<ul style="list-style-type: none"> • Sign-up to volunteer for an afternoon at the RC. • Give home-work help. • Come to a Grill and Chill (on DPS half-days) or <i>TNL</i> Talent Show.
Monthly volunteer	<ul style="list-style-type: none"> • Be a regular dinner or overnight host during Blacknall’s IHN week. • Volunteer several times during one IHN week to build strong relationships with a particular parent or family. • Help plan a Saturday event (movie-watching, cooking, museum, park, birthday party, etc.). • Volunteer your time to help with administrative tasks. 	<ul style="list-style-type: none"> • Plan a craft or a game for <i>TNL</i>. • Help with improvements on the building (esp. for people with construction experience). • Become an admin volunteer at the Reality Center. • Volunteer with the special events team – preparing and volunteering at the large events held at the RC.
Bimonthly or Weekly Volunteer	<ul style="list-style-type: none"> • Lead a bible-study for parents or children at IHN. • Volunteer to be a spiritual guide (give spiritual counseling or mentorship to an IHN parent, upon their request). • Consider forming a Care Team for a family (see below). 	<ul style="list-style-type: none"> • Become an after-school tutor • Be a “buddy” for <i>TNL</i> (paired one-to-one with a friend with disabilities). • Volunteer regularly after-school at the RC—games, friendships. • Lead an enrichment class: dance, art, language, martial arts, etc.
Group volunteers (e.g. small group, Sunday School class)	<ul style="list-style-type: none"> • Form a Care Team (a group of people who meet approximately 2 times/month with an IHN family that has just left the network). • Volunteer together for Saturday event or plan and lead a Saturday event as a group. • Make dinner together and eat with the IHN families during our IHN week. 	<ul style="list-style-type: none"> • Make dinner for <i>Tuesday Night Live</i> and stay to watch and enjoy the evening. • Volunteer as a group at a Grill and Chill or <i>TNL</i> Talent Show. • Come to observe <i>TNL</i>. • Ask a member of the staff to come to your group for brainstorming.
For families with children	<p>Children are welcome and encouraged to come for dinner during our IHN week. Families are also encouraged to do a Saturday activity together and spend time as a family with a family that is struggling. Have fun!</p>	<p>Because of the focused needs of our friends with disabilities, Reality asks that children not come to <i>TNL</i>. Families are welcome to volunteer together during improvement days, with supervised children.</p>